

# Physio News

December 2011

## Season's Greetings

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#### Season's Greetings

We are closed  
Dec 12, 13, 14

Dec 28—Jan 2

#### Hours

Mon – Fri

8.30 - 4.30

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### Special points of interest:

- Bounceback classes commence Feb. 2012
- Actively Ageing classes Resume Jan 2012
- Actively Ageing Courses commence in Feb 2012
- Call us for details

Marina Crichton Physiotherapy will be closed on Tuesday, Wednesday and Thursday December 12th, 13th and 14th. We will break for the Christmas Season from 2pm on Friday 23rd December 2011 and resume for an exciting New Year from 9am Tuesday 3rd January 2012

We would like to thank you for your support during 2011 and wish you and your family all the very best, for a safe and enjoyable holiday season. We look forward to the New Year with you our valued clients

Sincerely,

**The Team** at Marina Crichton Physiotherapy

## December News

We welcome our new Physiotherapist **Lizzy McCowan**. Lizzy is a Queensland graduate and has worked in Toowoomba and London. She brings experience in Sports Physio in the field of lower limb especially running injuries, Clinical Pilates, Acupuncture

Lizzy starts on Tuesday Dec 6th and will work Tuesdays 9-4.30 and Thursdays 8.30—4pm.

Please phone 5465211321 for your appointment with Lizzy.

Actively Ageing classes recommence at 10am on Monday 16th Jan 2012

Bounceback classes recommence in Feb 2012